At Virginia Cancer Specialists, our main focus is creating a personalized care plan just for you. We take the time to understand what makes you unique and why you've come to us. When you arrive, we'll ask questions to tailor your care, and we'll check in periodically to ensure we're meeting your needs.

Northern Virginia stands out because it's incredibly diverse, with 68.1% of its residents being first-generation immigrants. We're here to respect and cater to your cultural differences based on your ethnic background and your preferred language. We value your sexual orientation, gender identity, and pronouns to communicate with you respectfully.

When you visit us, we'll assess your mental health and consider your social, spiritual, and financial concerns to create a comprehensive treatment plan. We'll work with other healthcare providers, your insurance company, and our staff to address any specific needs you have.

Our commitment extends beyond your care. We use this information to build a Health Equity Plan, ensuring that everyone, regardless of their background, has equal access to our supportive care. We embrace the diversity of our employees, physicians, and patients, and we partner with community organizations to meet your social needs. We are committed to helping those in need.

Thank you for joining us in this effort!

The Providers and Staff at Virginia Cancer Specialists





PATIENT INFORM	ATION: (Please print)			
Last Name:	First Name:		M.I	Today's Date:
DOB:	□ Married □ Single □ Divorce	d 🗆 Widowed	Height: _	Weight:
Home Phone:	Mobile Phone:		V	Work Phone:
Preferred method of c	ontact: 🗆 Home Phone 🗆 Mobi	le Phone 🗆 Wo	rk Phone	□ E-mail
Patient Address (stree	t):			
City:	State:		Zip	Code:
E-mail Address:				
Preferred Language (v	vritten or spoken):			
Emergency Contact N	ame:	Relatio	nship:	
Emergency/Phone:		Emergeno	cy/Alterna	ate Phone:
Employer Name:		Employer Tele	phone:	
Employer Address:				
REFERRING DOCT	OR: (If not known, list prima	ry care physic	ian)	
Referring Doctor First	Name:	Last I	Name:	
Practice Name:		Phone N	Number: _	
	Zip:		City:	
REASON FOR PH	SICIAN REFERRAL: (Please	provide details	s with da	ates)
OTHER PHYSICIA	NS: (Please list all other prov	viders vou are	seeina i	n relation to this issue)
Physi		Address	seeing	Phone Number
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PAST HISTORY: (Surgeries with dates)

ALLERGIES ADVERSE DRUG REACTIONS: (Types of reactions, be specific)

MEDICATIONS: (Please list all medications, including *prescription, non-prescription, and other (including herbal)* that you are currently taking. Please include *dosage* and *frequency* taken.)

Medication	Dosage	Frequency

Please list your pharmacy information (Pharmacy, address and phone number):

## **OTHER:**

Have you had a flu vaccine this flu season?:  $\Box Y \Box N$  If so, when?

Have you had a COVID19 vaccination?  $\Box$  Y  $\Box$  N COVID boosters?  $\Box$  Y  $\Box$  N If so, how many?\_

Gender (Assigned at birth):  $\Box$  Male  $\Box$  Female

Preferred pronouns: 
□ He/Him/His □ She/Her/Hers □ They/Them/Theirs □ Unspecified □ Other (please describe)

Gender Identity: 
Male Female Female To Male (FTM)/Transgender Male to Female (MTF)/Transgender

□ Nonbinary □ Other (please specify) □ Choose not to disclose

Sexual Orientation: 
□ Straight/Heterosexual 
□ Gay/Lesbian 
□ Bisexual 
□ Choose not to disclose

 $\Box$  Other (please describe)

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MEDICAL CONDITIONS	Date of Diagnosis	Check all that Apply	Date of Diagnosis
	Diagnoolo		Diagnosis
Psychological		<u>Cardiovascular</u>	
<ul> <li>ADD/ADHD</li> <li>Anxiety/Depression</li> <li>Bipolar Disorder</li> <li>Dementia</li> <li>Eating Disorder</li> <li>OCD</li> <li>Post-Traumatic Stress Syndrome</li> </ul>		<ul> <li>Collagen Vascular Disease</li> <li>Coronary Artery Disease/MI or Angina</li> <li>Heart Arrhythmia</li> <li>Heart Failure</li> <li>High Blood Pressure</li> <li>High Cholesterol</li> <li>Pacemaker</li> </ul>	
Communicable/Infectious Disease		<ul> <li>Peripheral Vascular Disease</li> <li>Stroke</li> </ul>	
<ul> <li>AIDS/HIV</li> <li>Herpes Simplex</li> </ul>		Endocrine	
		Diabetes	
Autoimmune Disorders		Thyroid Disorder	
Rheumatoid Arthritis		Other Endocrinological Disorder	
<ul> <li>Lupus</li> <li>Multiple Sclerosis</li> </ul>		<u>Gynecological</u>	
		<ul> <li>Dysfunctional Uterine</li> <li>Bleeding</li> <li>Endometriosis</li> </ul>	
□ COPD/Emphysema		Polycystic Ovarian Disease	
<ul> <li>□ Lung Disease</li> <li>□ Sleep Apnea</li> </ul>		Nephrology	
		□ Kidney Disease	
Genitourinary		Kidney Stones	
<ul><li>Benign Prostatic</li><li>Hypertrophy (BPH)</li></ul>		Neurological	
<u>Hematological</u>		<ul> <li>Neurological Disorder</li> <li>Parkinson's</li> </ul>	
<ul><li>Anemia</li><li>Deep Venous Thrombosis</li></ul>		□ Seizures	
Pulmonary Embolism		<u>Skin</u>	
Chronic Disease		<ul> <li>□ Hives</li> <li>□ Eczema</li> <li>□ Psoriasis</li> </ul>	
<ul> <li>Fibromyalgia Osteopenia/Osteoporosis</li> <li>Past History of Cancer</li> </ul>		□ Other	
If Yes, Type of Cancer:		<u>Other</u>	
		□ Gout	
Gastro/Intestinal		Restless Leg Syndrome	
<ul> <li>Crohn's/Ulcerative</li> <li>Colitis</li> <li>Diverticulitis</li> <li>GERD/Hiatal Hernia</li> <li>Hepatitis A/B/C</li> <li>Irritable Bowel Syndrome</li> <li>Liver Disease</li> </ul>			
<ul><li>□ Reflux</li><li>□ Ulcers</li></ul>			





# HEALTH HISTORY AND PREVENTATIVE HEALTH MAINTENANCE:

Reproductive History (female only):				
Number of pregnancies:	Age at first pr	egnancy:		
Number of children:	Age at first perio	d:	Age at last period:	
Age at menopause:	Hysterectomy:	$\Box$ Y $\Box$ N	Ovaries Intact? 🗆 Y 🗆 N	
If yes, please explain:				
Birth Control Method:				
Are you taking Estrogen, Birth Control F	Pills, or Testosteror	ne? □Y□N		
If yes, please explain:				
Please provide dates for each answer c	or write "none":			
Last Mammogram:		Last Pap	Smear (female only):	
Last Breast MRI:		Last Brea	ast Biopsy:	
Last Bone Density Scan:		Last Colo	onoscopy:	
Last Upper Endoscopy:		Last Pne	umonia Vaccine:	
Last Prostate Exam (male only):		Last PSA	Screening (male only):	

# SOCIAL & ENVIRONMENTAL REVIEW: (If Yes, please fill out type, quantity, how often, etc.)

Do you drink alcoholic beverages? □ Y □ N How many drinks per week/month?				
Have you ever smoked cigarettes? $\Box$ Y $\Box$ N	Are you currently smoking? $\Box$ Y $\Box$ N			
Packs per day? How many ye	ears? When did you quit?			
Do you use recreational drugs? □ Y □ N How oft	en? How much?			
What type? If quit, when?				
With whom do you live/support system?	Occupation?			
Currently employed? □Y □N				





## SYMPTOMS: (Please list any symptoms you may have in the categories below. Mark all that apply.)

### Constitutional

- □ Weight Loss
- Poor Energy Level
- □ Fever
- □ Chills
- □ Night Sweats

### **Eyes**

- Double Vision
- □ Vision Loss
- □ Flashing Lights

### **ENT/Mouth**

- □ Ringing in Ears
- □ Oral Ulcers
- □ Nasal Drip
- □ Hearing Loss
- □ Bleeding Gums
- □ Mouth Pain
- Nose Bleeds
- □ Sore Throat
- □ Difficulty Swallowing
- □ Hoarseness
- □ Sinus Pain

#### **Cardiovascular**

□ Chest Pain or Pressure upon Exertion If yes, explain: .

- □ Arm/Leg Swelling
- □ Palpitations
- □ Calf Discomfort
- □ Fainting Spells
- □ Arm Swelling

#### Respiratory

- □ Cough
- □ Wheezing
- □ Shortness of Breath
- □ Coughing Blood
- □ Pain w/Breathing

### Breast

- Mass
- Pain
- □ Nipple Discharge
- □ Change in Size
- □ Change in Shape

#### **Psychiatric**

- □ Depression
- □ Anxiety
- □ Lack of Concentration

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#### Gastrointestinal

- □ Vomiting
- □ Jaundice
- □ Abdominal Pain
- □ Maroon/Black Stool
- □ Constipation
- □ Abdominal Cramping
- □ Diarrhea
- □ Vomiting Blood
- Change in Swallowing
- Nausea

#### <u>Urinary</u>

- □ Painful Urination
- □ Blood in Urine
- □ Increased Frequency
- Loss of Control
- □ Impotence

#### **Gynecological**

- Vaginal Discharge
- Pelvic Pain
- □ Vaginal Dryness
- Unexplained or
- □ Heavy Bleeding If yes, explain:

### **Musculoskeletal**

- □ Muscle Pain
- □ Spine Tenderness
- □ Swollen Joints
- Joint Redness
- □ Bone Pain

#### Endocrine

- □ Excessive Urine
- □ Excessive Thirst
- □ Hot Flashes
- □ Heat Intolerance
- □ Cold Intolerance

### Hematological

- □ Nose Bleeds
- □ Bleeding Gums
- □ Purple Spots on Hands

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□ Bruising

Abnormal Gait Weakness □ Upper Extremity

□ Hiccups

□ Left Side

Neurological

□ Confusion

Tremors

□ Headache

□ Fainting Spells

Speech Change

□ Seizures

- □ Lower Extremity
- □ Right Side
- Sensory Change
- □ Abnormal Numbness/Tingling
- If yes, explain: \_

### Lymphatic

- □ Enlarged Lymph Nodes
- □ Swelling in Arms

### Skin Rash

□ Nodules

□ Itchiness

□ Lesions

If yes, explain: \_

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FAMILY HISTORY: Please list any illnesses in your family, including all cancers (e.g., breast cancer, colon cancer, ovarian cancer, etc.) and blood disorders (e.g., anemia, blood clotting disorders, etc.

Relationship	Illness, cancer, or blood disorder	Age of diagnosis	Are they deceased?

## **ETHNIC BACKGROUND:**

Ethnic Background: \_\_\_\_\_ Are you of Ashkenazi Decent?: D Y D N

## **ADVANCE DIRECTIVE:**

Do you have an Advance Directive, also known as a Living Will?  $\Box$  Y  $\Box$  N

If yes, please provide us with a copy for your medical record when you are next in our offices.

If no, please consider completing an Advance Directive, as recommended for all adults regardless of health status. An Advance Directive form is included in your new patient information packet.

If you were ever unable to speak for yourself, who would the doctors speak to on your behalf?

Name: \_\_\_\_

Phone: \_\_\_\_

Patient Signature: \_\_\_\_\_

Patient Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_





# ASSIGNMENT OF BENEFITS/FINANCIAL RESPONSIBILITY

Patient Name:								
	Last		First		M.I.		Today's Date	
	()	Home Telephone			_(	)	Cell phone	
Home Address:				Mailing Add	lress:			
				. 3				
City		State	Zip	Cit	.y		State	Zip
DOB:	Age	□ M □ F SS#		[	□ Married	□ Single	□ Divorced	□ Widowed
<b>-</b> .		Sex				,	、 、	
Employer:			Name			(	) Telephone	•
			Address				Occupatio	ı
Responsible Party	: 	Name		R	elationship	(	) Telephone	2
Emergency Conta	ct:							
Spouse/Next of Ki	n:	Name			Relationship	(	) Telephone	· · · · · · · · · · · · · · · · · · ·
Referring			Primary					
Physician:			Physi	ician:				
Primary Ins:						Tolophon	e:( )	
·						Telephon	` <u> </u>	
Subscriber Name:	-					Policy #:		
						_		
						Telephon	e: ()	
Subscriber Name:								
Subscriber Emplo	yer:		G	roup #:		_ Policy #:		
<ol> <li>I understand that interest, collection</li> </ol>		e for charges not covered if required).	or reimbursed by	the above agent	s. I agree, in th	ne event of n	on-payment, to ass	ume the costs of
treatment center authorize the rel	or previous physe ease of any me as needed. I als	to release information re- sician to furnish Virginia ( dical information and/or r so agree to a review of	Cancer Specialists, eport related to n	P.C. copies of an ny treatment to	ny records of r any federal, sta	my medical hi ate or accred	istory, services or t itation agency, or	reatments. I also any physician or
benefits are here programs, private claims for service	eby assigned to insurance and a es. In the event r	maceuticals, procedures, Virginia Cancer Specialists any other health plans. I ny insurance carrier does nia Cancer Specialists, P.C.	s, P.C. This assign acknowledge this	ment covers any document as a le	and all benefi egally binding a	its under Med assignment to	licare, other govern collect my benefit	ment sponsored s as payment of
patient by name companies, insur governmental bo funded registries name and addre	or address, unles ance companies dies (such as the (which in the ca ess) and universit	mation arising out of my so otherwise permitted by and other payers; (b) e Food and Drug Admini se of patients receiving s ties; (e) representatives a nical and non-clinical parties	law) may also be companies that p istration, the Natio stem cell transplan and agents of my	shared with inter produce chemoth nal Cancer Institu t services may ir health benefit p	ested third part lerapy and oth late and the He include the shar plan; (f) person	ties. These this ner drugs an ealth Care Fir ing of patient is conducting	ird parties include ( d clinical research nancing Administrat identifying informa	a) managed care companies; (c) on); (d) federally tion such as my
	THI	S AGREEMENT/CONSENT	WILL REMAIN IN	EFFECT UNLESS	REVOKED BY I	ME IN WRITIN	G.	
I have read and rece	ived a copy of th	e above statements and a	accept the terms. A	duplicate of the	statement is co	onsidered the	same as original.	
Patient Signature					Date/	Time	AM or	PM (circle one)
Responsible Party	Signature		Rela	tionship	Date/	Time	AM or	PM (circle one)
PHYSICIAN					]		E	MPLOYEE INITIALS
ACCT NBR		LOC FOR OFFICE USE ONLY						
					_			

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## PERMISSION FOR VERBAL COMMUNICATIONS

**To protect the patient's privacy** and to ensure that our clinic staff and physicians know whom they have permission to communicate with regarding the patient's protected health information, it is helpful for patients to have a <u>Permission for Verbal</u> <u>Communications form</u> on file at Virginia Cancer Specialists.

Patient's Name		
I permit Virginia Cancer Speciali or payment of my care:	sts to discuss health information with the fo	ollowing individuals involved in my medical care
List individuals and state the per	son's relationship to the patient.	
Name	Phone Number	Relationship
1		
2.		
· ·	********	
This authorization is limited to d	iscussions regarding the following medical	condition(s):
If no limitations are listed, discus care.	sions will be permitted regarding any medi	cal condition for which the patient has received
	*********	
This authorization is limited to the	e following timeframe from	
	(date) to (date)	tte).
If no dates are indicated, this for	m will remain in effect for an unlimited amo	ount of time.
	document is limited to verbal discussions w realth information to the individuals named	ith my Health Care Providers. This document does above.
Patient's Signature		Date
If this authorization is signed by a	patient's personal representative on behalf	of the patient, please complete the following:
Name of Personal Representa	tive	Relationship to Patient
Witness		Date

# ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

Virginia Cancer Specialists, P.C. is committed to protecting your privacy and ensuring that your health information is used and disclosed appropriately. This Notice of Privacy Practices identifies all potential uses and disclosures of your health information by our practice and outlines your rights with regard to your health information. Please sign the form below to acknowledge that you have received our Notice of Privacy Practices.

I acknowledge that I have received a copy of the Notice of Privacy Practices of Virginia Cancer Specialists.

Name:	
Signature:	
Name of Personal Representative (if appropriate):	
Signature of Personal Representative (if appropriate):	
Date:	
Virginia Cancer Specialists Use Only	
Date acknowledgement received:	
-OR-	
Reason acknowledgement was not obtained and employee signature:	

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