

# EMOTIONAL WELLNESS & BREAST CANCER

Breast cancer is not only physically challenging for women, but mentally challenging as well. Taking care of the patient includes meeting their psychological needs through support groups, individual therapy, logistical support for getting care completed, and adjusting care for life after treatment. Dr. Christina Dilaveri from Mayo Clinic and experts from Virginia Hospital Center address how to deal with the anxiety of a breast cancer diagnosis.

**FREE**

**SATURDAY, OCTOBER 13**  
**9:00 – 11:30 AM**



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9:00 – 9:30 am | Registration

9:30 – 11:30 am | Expert Panel & Q&A

## KEYNOTE SPEAKER

Christina Dilaveri, MD, Mayo Clinic  
Internal Medicine, Breast Diagnostic Clinic,  
Executive and International Health

## MODERATOR

Molly Sebastian, MD, FACS,  
Breast Surgeon, The Reinsch Pierce  
Family Center for Breast Health,  
VHC Physician Group

## EXPERT PANEL

### Advances in Breast Cancer Screening

Sarah Mezban, MD, Radiologist  
Women's Imaging Center

### Innovations in Breast Cancer Surgery

Claire Edwards, MD, Breast Surgeon,  
The Reinsch Pierce Family Center  
for Breast Health, VHC Physician Group

### Better Outcomes with Targeted Therapies

Neelima Denduluri, MD, VHC Cancer  
Committee Chair, Medical Oncologist,  
Virginia Cancer Specialists

### Improvements in Radiation Therapy

Robert Hong, MD, Chief of Radiation  
Oncology and Medical Director,  
The Hitt Family Center for Radiation  
Oncology

### Modern Breast Reconstruction

Marilyn Nguyen, MD, VHC  
Physician Group–Plastic &  
Reconstructive Surgery

### My Experience

A Patient's Story

### Benefits of Supportive Counseling on

### Patient Outcomes

Mirian Campos, EdD, NCC,  
Cancer Support Services

## VIRGINIA HOSPITAL CENTER

### JOHN T. HAZEL, MD CONFERENCE CENTER

1701 N. George Mason Drive | Arlington, VA 22205  
*Free parking in Zone B Garage. Take parking elevators  
to LOBBY and follow signs to the Conference Center.*

## REGISTRATION REQUIRED

To register, visit [virginiahospitalcenter.com](http://virginiahospitalcenter.com) and click on  
"Classes & Events".

## QUESTIONS?

703.558.6700 or [confctr@virginiahospitalcenter.com](mailto:confctr@virginiahospitalcenter.com)



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